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Sandgate

GUIDE

FREE MAY 2022

ROCK UNDER THE CLOCK

THIS
MAY

LOCAL
ICON
TURNS
100



Cover Photo By Bruce Redman

WHAT OUR YOUNGEST
LOCALS LOVE ABOUT
MOTHER'S DAY

**FIND!
TRADES
SERVICES**
SECTION
INSIDE



A photograph of the interior of Bluenose Betty, a bar and kitchen. The background features a well-stocked bar with numerous bottles of spirits and beer on shelves. A large, ornate brass beer tap is mounted on the bar counter. The bar is illuminated by warm, yellow light from a hanging lamp. The foreground shows the back of three dark-colored bar stools.

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FROM THE EDITOR...



April proved to be a very busy month in the 4017 and there were many highlights. One of those for me was meeting some of you at the Bluewater Festival. And with May now upon us, you will

find inside this month's magazine many more great events to look forward to. May also celebrates the valuable work done by our many volunteers, those who fight to bring awareness to domestic violence and our amazing nurses. For everything you do, thank you.

And of course, May also celebrates Mother's Day. To all our mums, grandmothers, and mother figures in the 4017, we hope you have a wonderful Mother's Day.

Jodie

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Hi Hi! It's American Pie! **ROCK UNDER THE CLOCK**

STORY AND PHOTOS **BRUCE REDMAN**

There's no need to drive your "Chevy to the levee" because 'American Pie' will rock the Sandgate Bowls Club this month!

The first of the biannual 'Rock under the Clock' events, American Pie - The Birth of Rock & Roll, will be held on Saturday May 28. Jim Hansen and The Sonics will bring back the golden rock & roll era of the late 1950's and 60's.

The Sonics are Sandgates very own, originally formed in 1961 and later revived in 2012. The American Pie program includes the hits of Elvis, Bill Haley & The Comets, Buddy Holly and the Everly Brothers.

Songstress Nicky Steel will feature as guest vocalist to revive some of the popular female

artists of the era including Carole King, Connie Francis, Brenda Lee and Lesley Gore.

"Of all our events, American Pie represents the most meaningful portrayal of what we are about. It's the opportunity for our guests to reminisce and revel in the music of an era never forgotten," said Rod Kippen, Chairman of the Rock Under the Clock organisation team.

"The cryptic lyrics of Don McLean's song brilliantly portrays the evolution of an enduring phenomenon in music, and so becomes a fitting anthem for our night of song and dance," he said.

Garry McDonald, lead guitarist of The Sonics said, "We have been careful to plan our program to ensure it covers the formative years of rock & roll and pays tribute to those recording artists who had the greatest influence on the evolution of this musical phenomenon."

"These early rock & roll songs are what I grew up with as a kid, and are therefore very special to me. They inspired me to buy my first guitar, and later to form The Sonics while in high school."

To add to the authenticity of the night, a display of American classic cars of the 1950's and 60's will greet everyone on arrival.

The primary beneficiary of Rock under the Clock is the Queensland Police Blue Light / Blue Edge initiative. The not for profit charity uses physical training as a tool to teach young people discipline, goal setting and teamwork with the added benefit of improved mental health.

So put on your blue suede shoes and head down to the Sandgate Bowls Club to dance the night away.

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SocialSnaps by PAUL NEIL

If you have an event that you think is worth a photo, call me on 0449 660 473



Police Officers, Jared, Emma and Taylor met up with Tamara for a coffee at Bangin' Beans Café's 'Cuppa with a Coppa' morning in Sandgate.



Emma, Kurt and Lottie were out for a day of fun, rides and maybe fairy floss at the 2022 Bluewater Festival on the Shorncliffe waterfront.



Artist Trevor and his daughter Holly joined the 4017 Art Community at Sandgate Art Society's Easter Art Show at St Patrick's College, Shorncliffe.

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Wendy Trevarthen

Shining a Light on the Stories of Nurses

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

This International Nurses Day, two Brighton residents will be celebrating the release of an anthology that shares the experiences of nurses.

Wendy Trevarthen and John Rosenberg are two of six nurses who have contributed their stories and wisdom to *Dear Nurse Me... Reflections*, which was published in March.

Wendy, an author, business development specialist and registered nurse, compiled the book and guided the other authors through the writing journey.

"I wanted to pull together other nurses who shared the same desire to write about their nursing careers in a way to inspire those who

are looking to enter the profession, to impart to younger nurses some of the lessons we have learned along the way and to support other nurses in their current roles," Wendy said.

"The style of the book is in the form of writing a letter to our younger selves, with each of the co-authors having the opportunity to be creative within this concept.

"We hope that readers connect with and relate to our reflections."

Wendy's contribution to the book, *A Passionate Purpose*, describes how she chose to enter the nursing profession after her father developed Guillain-Barre Syndrome when she was 17 years old.

"My 'why' is very similar to other nurses who enter nursing, who relate their client care provision to caring for their own family," she said.

International Nurses Day is on Thursday, 12 May and Wendy and John will be spending it with their co-authors.

"We are aiming for four of the six authors to be together to not only celebrate the day, but to share in person the celebration of completing this project," she said.

Wendy said International Nurses Day was important for nurses globally as it commemorated the birthday of Florence Nightingale, the founder of modern nursing.

"Each year the International Council selects a theme for nurses globally to recognise a different aspect of nursing," Wendy said. "This year the theme is Nurses: A Voice to Lead – invest in nursing and respect rights to secure global health.

"In light of the current status of global health and to strive towards global peace, this is a fitting theme for nurses and our community."

To purchase a copy of *Dear Nurse Me... Reflections* go to <https://bit.ly/DearNurseMeReflections> or email johnrosenberg64@gmail.com or wendy@healthyoptionsnow.org



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Troy Pfingst, Peter Jeays, Ian Everest, Charlie Jeays

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

Family business Jeays Mitre 10 on Hancock Street will celebrate its 100th anniversary this month.

Sandgate resident Charles Jeays opened the store in Albert Street in Brisbane in 1922, joined by his brothers Joe, Arthur and Albert. After the Second World War, they relocated the business to Sandgate.

Managing director Charlie Jeays is Charles' grandson and has been working for the business since 1977.

"It's been an honour for me to carry on the tradition of the family," Charlie said.

"My grandpa died in 1956, so I was only three, and I vaguely remember a big, jolly happy fellow. But I well remember his brothers. Uncle Arthur had a bad limp because he copped a machine gun bullet in the hip in the First World War. He used to be a driver and he always used to wear a suit and hat to work.

"Dad started in 1935 as a 15-year-old boy and he tells some of the stories of how the corrugated iron used to come on a horse drawn wagon. The worst thing was the concrete washing tubs and they were back breakers."

Charlie's father, Albert, became manager after Charles died. In 1962, he played a role in the business joining the Mitre 10 Group.

"Arthur Scurr was the real driver of Mitre 10 in Queensland," Charlie said. "He and dad and some others were involved in driving around and talking to independents about getting the group going up here."

Jeays is now the only remaining original Mitre 10 store.

Charlie took over the reins when Albert retired in 1985, and oversaw changes like the transition to computerised stock and accounts.

The family are descended from English carpenter Joshua Jeays, who immigrated to Moreton Bay with his family in 1853. He went on to build the Old Government House and become mayor of Brisbane.

Jeays has a history of long-serving staff, including Charlie's brothers, Peter and Richard, who specialise in the auto section, general manager Ian Everest, and operations manager Troy Pfingst.

"We have tried to engender in people when they come to work that they are coming to a family business," Charlie said.

"The main thing we have insisted on is integrity in dealings with staff and customers in line with the founder's philosophy. That's helped us create the business and it's drawn the customers, to enable us to be there for 100 years."

To learn more about the history of Jeays Hardware visit www.jeayshardware.com/ourhistory.html



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LOCAL KIDS TELL US WHY THEY LOVE MUM

STORY **ALYSSA MACKAY**

Mother's Day is the perfect opportunity to remind your mum or the mother figure in your life just how special they are.

At the Sandgate Guide, we wanted to commemorate this Mother's Day by finding out what local kids loved most about their mum.

We found a few young festival-goers at last month's Bluewater Festival and asked them why they thought their mum was the best mum in the world, what activities they enjoyed doing with their mum and what they've got planned this Sunday, 9 May.

And according to the kids, it's the little things that mean the most.

"My mum gives good tickles," said John, who enjoys having fish and chips on the waterfront with his mum. He said his mum was hoping to sleep in on Mother's Day this year.

Braxton is another big fan of tickles and he also thinks his mum deserves to have a big sleep in this Mother's Day. When asked what his favourite thing to do with his mum was, he said he enjoyed having mud fights on the beach together.

It's all about mum's great cuddles for Jacob and Leo, who said this year their mum would get "lots of presents from us."

Kolbi, Carter and Cooper think their mum is the best because she cooks really nice dinners. They said their favourite thing to do with mum was to play games and soccer.

"She jumps on the trampoline with us," said Grace and Georgia when asked why they think their mum is number one. This Mother's Day, they intend to spoil mum with some lovely presents. They said one of their favourite activities to do with mum was ice-skating.

However you choose to honour your mum, mother figure, or other important person in your life this Mother's Day, it is nice to be reminded that simple moments like cuddles and tickles, and spending time together playing games or having fish and chips on the beach, are often the most special.

And of course, letting mum enjoy a nice, long sleep in.





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Rachel is Our Youth Member for 2022

STORY **ALYSSA MACKAY**. PHOTO **BRUCE REDMAN**

Year 11 student Rachel Kennedy has been announced as this year's YMCA Queensland Youth Parliament Member for Sandgate, a program which provides young people with the opportunity to serve as youth members in their electorates.

As part of the six-month program, Rachel will write a bill proposing a law reform and debate the bill at Parliament House in Brisbane.

Rachel, 16, said she was excited to have been given the opportunity to represent her community and give a voice to young people.

"I am hoping to make a positive impact on the community, and I am looking forward to bill writing on issues around affordable housing," Rachel said. "I'm also looking forward to debates on issues that I'm passionate about, such as climate change, as well as engaging with the community."

During her term, Rachel will be working in the portfolio for the Prevention of Domestic and

Family Violence, Housing, Infrastructure and Transport.

Rachel said she had met with Stirling Hinchcliffe MP and the other youth members and attended the program's official launch at Parliament House.

"Coming up, we have plans for community engagement events and we will begin the bill writing process," she said. "This will culminate in Residential Sitting Week where our bill will be debated, and if passed, will be handed over to Queensland's politicians for consideration."

Rachel, who has spent much of her childhood in the Sandgate community and whose family are long-time locals, is an advocate for the environment and sustainability.

"As the climate crisis worsens, it becomes more and more vital that governments and communities work together locally and globally to ensure a safe climate and a future for everyone," she said. "This essential need to act on the climate crisis has never been more important and I hope to use my platform to drive real action. Young people have the most to lose in the climate crisis, and if we don't act now our future is in real danger."

"The feeling of helplessness around the lack of real and meaningful change led me to get involved in politics, and this program is a great stepping stone for me."

Mr Henderson

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Helena and some of the Friday night Footballers

Walking Football takes to the field in Sandgate

STORY **PETER BROWN**

One of the world's fast-growing sports has gained a foothold in Sandgate, with potential to change lives along the way.

Walking football is a slowed down, minimal contact version of regular football (soccer) aimed at, but not limited to, the over 50s.

Health experts are excited by the physical and mental benefits of the game, which has the backing of Football Queensland and A-League outfit the Brisbane Roar.

Former players are moving back to this game, which is also attracting people who have never played before, but who are looking for an easy, fun way to boost their fitness.

A local team based at Sandgate Bowls Club and the Brighton Health Campus has been

organised by football fan Helena Winter, who's excited by the prospects of the walking version of the world game.

"All players are welcome, of all ages and abilities," says Helena. "And mixed teams are very prominent, it's not purely for men."

"I love football, I've been involved most of my adult life, and as soon as I saw this I thought it would be brilliant."

The game originated in the UK and has quickly spread through Europe and further afield. It has now reached

international competition status, with mature age players representing their countries at that level.

Major clubs in the UK are involved in walking football, aware of the physical and mental health benefits alongside the social side of the activity, which is helping people break out of the isolation forced on them by Covid lockdown.

The Sandgate footballers, playing under the name Bright-N-Breezy, meet and play at Sandgate Bowls Club on Friday evenings, kicking off around 6pm. There are plans for a further session on Mondays at Brighton Health Campus, which has added its support.

More players are welcome, and all skill levels encouraged. Games are normally two halves of 20 minutes and players only need flat-soled training shoes and comfortable sports/casual clothing.

Confirmation of games, venues and other news can be found on the group's Facebook page, [brightonsandgategwalkingfootball](#).

Helena, who is in her late 70s, adds: "This has taken off everywhere else - I can't see it not taking off here. And if my age group can do it there's no reason why 50 to 70 year olds can't."

For more details contact Helena on 0408 918 817

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STORY **BROOKE JACOBSON**

Sandgate discovered

On March 18, 32 seniors from the Forest Lakes Seniors Group travelled to Sandgate to discover the hidden historical treasures at the Sandgate Historical Museum. They were entertained by some of the friendly volunteers and enjoyed browsing the displays, learning about our local history, and finding out about the area's many beautiful historic and heritage listed buildings. After a drive around some of Shorncliffe's historic streets and houses they enjoyed morning tea at the Q.C.Y.A. before continuing their tour along Flinders Parade and on to Redcliffe. You too can get a slice of Sandgate history, at the Tea with History event on Thursday, May 26 at 10am at the Sandgate History Museum. At only \$10 per person bookings are essential as numbers are limited.

Phone 3869 2283 on Wednesday or Sunday to book, or email info@sandgatemuseum.com.au

Beach walks

The next Laurie's Guided Beach Walk will be held on Monday, May 23 at 10 am. Meet opposite the old Baptist Church, Sandgate. Cost is free and bookings are essential. Contact Pam on: 0410 327 095

Monument restoration

The dedication of the Restoration of the Atkin Monument will be held on Sunday, May 29 at 2.30pm at St Margaret's Anglican Church in Sandgate. The monument, erected in 1872, commemorates journalist and Parliamentarian, Robert Atkin. Atkin was one of Queensland's earliest social justice campaigners.

COVID restrictions eased

Queensland's COVID-19 restrictions have eased, with most venues now open to everyone, regardless of vaccination status. Those venues include:

- Pubs, clubs, cafés and restaurants
 - Theme parks, casinos and cinemas
 - Weddings
 - Showgrounds
 - Galleries, libraries, museums and stadiums
- Vaccine requirements still apply to visitors and workers in vulnerable settings.

Who's your local hero?

The recent flood crisis brought out the best in our local community. Do you know a local flood hero who deserves to be recognised? Nominate them for the 2022 Lilley Honours List, which is run by Federal MP for Lilley, Anika Wells.

Go to: <https://www.anikawells.com.au/community/lilley-honours-list/> for more information.

Donations for the homeless

Deagon Ward Councillor Jared Cassidy's office is a drop off point for donations to Homeless Connect. The event, held at the Brisbane Showgrounds on May 19 provides those doing it tough with food, essential items, and access to support services.

Items to donate include non-perishable food items such as muesli bars and snack bars, tuna, soup and instant meals. Toiletries such as shaving cream and shaving blades, deodorant, shower gel, toothbrushes and toothpaste are also welcome.

The donation period closes Friday May 6. You can find Cr Cassidy's office upstairs above Aldi in Brighton Road, Sandgate.

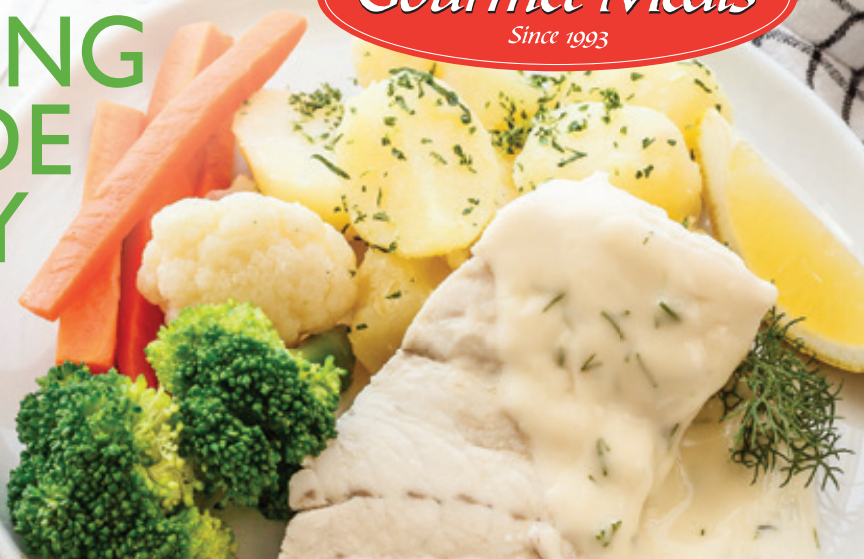
Dementia Information Presentation

Brisbane North Retirees are holding an information presentation on Dementia in the Newman Room of the Geebung RSL on May 20. There will be a guest speaker from Dementia Australia and the presentation will commence at 9.30am. For more information about the event or to register your interest, please call the Secretary on 0457 029 141 or email bnractive@gmail.com

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The performance will showcase the vibrant and royal customs of a Punjabi Wedding with traditional folk dancers and an audience participation workshop to conclude the night.

There will be music, dancing and of course, food plus a selection of beer, wine and soft drink, tea and coffee.

Unplugged Cafe is held on the first Friday of the month at the Sandgate Community Centre. For more information contact Garry on 3869 3244 or email ghunt@sandbag.org.au

Join in all the fun of an 80's Trivia Night this month at the Bracken Ridge State High School.

Pull out your ra-ra skirts and leggings and tease up your hair to be in for a chance to win the '80's best dressed'. There are also raffles and a lucky door prize.

Chaplaincy Fundraiser Trivia Night- Friday 6 May from 7pm

Bracken Ridge State High School
Tickets: \$20 (adult) \$15 (student/concession) and \$40 (family of 4), children under 12 free

For tickets: <https://suqld.eventsair.com/bracken-ridge-shs-trivia-night/registration>

Sandgate Library will be hosting a number of events throughout May. Some of these include:

CPR workshop - Saturday 14 May from 11am-12.30pm. This workshop will help you develop practical knowledge and skill in CPR.

The Chook Masterclass - Saturday 21 May from 11am-12.30pm. This workshop will provide detailed information about breeds, raising chickens, their health and more.

National Simultaneous Storytime - Wednesday 25 May at 11am. Ideal for children aged 3-7 years. At this annual event, a picture book written and illustrated by Australians is read simultaneously in libraries, schools and homes. This year's story is the Family Tree by Josh Pyke and Ronjoy Ghosh.

For more details on these events contact the Sandgate Library on 07 3667 6022

SANDBAG's Annual Peaceful Walk and Candle Lighting Ceremony

SANDBAG's Annual Peaceful Walk is taking place this month in support of Domestic and Family Violence Prevention.

Held on Wednesday 25 May, this event has been organised to raise awareness of the violence against women and children, specifically the gender inequalities that foster negative attitudes and behaviours towards women and girls.

Commencing at Einbunpin Lagoon Park, the evening will include the Peaceful Walk through the streets of Sandgate, and a performance offered by Yadjin Yadoo Wung-Gu, dancers from BRISCC Dance Performance. Meaning, "Speak Beautiful Talk in Kabi Kabi and Kokatha Language – two sisters come together for all sisters to come together for healing."

The BRISCC dancers will be followed by an engaging performance by Bring A Plate Dance Company, "that has been bringing people together, celebrating diversity and creating safe spaces since 2017".

Manager of SANDBAG's Domestic Family Violence Women and Children's Counselling Program, Kym deThierry, said the event is widely supported by the community.

"SANDBAG's Peaceful Walk is well supported in the local community, attended by MPs and QLD Police, and gaining awareness across Brisbane North region." Kym said.

The evening will end with the annual Candle Lighting Ceremony, honouring all women and children affected by domestic violence.

SANDBAG's Annual Peaceful Walk and Candle Lighting Ceremony
Wednesday 25 May
4.30pm – 6pm
Einbunpin Lagoon Park, Sandgate
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CELEBRATING OUR LOCAL VOLUNTEERS

STORY **ALYSSA MACKAY**

Volunteers at the Brighton Wellness Hub say that seeing the resident's faces light up when they sing, talk and communicate with each other makes every day worthwhile.

Better Together is the theme of this year's National Volunteer Week, which runs from 16 to 22 May and is an opportunity to celebrate the contribution of volunteers.

Brighton Wellness Hub Community and Oral Health manager Claire Harrison said the Hub looked forward to the annual celebration, where volunteers are recognised for their important efforts in supporting patients and residents.

"The Brighton Wellness Hub is a space for our community members to access services, activities and information that supports healthy living and ageing," Claire said.

"Hub activities are led by our valued volunteers. Without them we simply could not provide all these opportunities for our members to be involved. Our volunteers help our members to feel engaged, connected, learn new skills and offer good conversation and social connectedness."

Marie Ellsworth has been a volunteer at the Brighton Health Campus for more than 30 years. During that time she has been primarily based in Residential Aged Care facilities and more recently at the Hub.

Marie said she loved volunteering each week and seeing both familiar and new faces.

"Everyone is always an absolute joy to be around," she said.

"The standout over 30 years has been the volunteers, my friends. I have made many friends here and many of them are friends outside of volunteering."

The Hub recently introduced new volunteer uniforms with artwork that reflects the experience of patients and volunteers.

"Talented artist Elaine Chambers-Hegarty has captured the journey of patients accessing our Community and Oral Health service, including the ups and downs we may experience in our health journey," Claire said.

The artwork is titled 'The warmth of our community' and features details such as a sunset representing the workers bringing warmth to the patients, and footprints, dots and line art that show the walks of one's journey to better health.

Claire said Community and Oral Health volunteers were motivated to do something worthwhile and to 'give back' to their community, while allowing them to feel part of a connected and more caring society.

If you want to give back to the community by becoming a volunteer at the Brighton Wellness Hub email COH-Volunteers@health.qld.gov.au for more information.



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A man with glasses and a dark blue shirt stands in front of a modern building with large windows and a blue and white facade. The building has a sign that says "GEEBUNG RSL".

GEEBUNG RSL REVEALS EXPANSION PLANS

Greg Hurley

STORY **ALYSSA MACKAY** PHOTO **BRUCE REDMAN**

Big plans are afoot at Geebung RSL with the venue set to be transformed into an exciting social hub for the community.

A development application was lodged with Brisbane City Council in March, with improvements that include a new alfresco café, bar and dining area, remembrance garden, and RSL veteran's welfare office.

CEO Greg Hurley said the RSL needed to protect its core business and veteran support and advocacy values, while also looking to the future.

"The changes will maintain the traditional club offerings expected by our current loyal club members whilst also delivering fresh and innovative food, beverage and entertainment locations to attract the changing local demographic," Greg said.

The Geebung RSL Board and Management developed a comprehensive strategic plan in late 2019, but the process was delayed due to COVID-19. Early last year the RSL initiated the development of a club master plan in consultation with BSPN Architecture.

"At the end of the day, particular areas of the club have become under-utilised, for

example, the large downstairs sports bar," Greg said. "Whilst well patronised on a Friday and Saturday the rest of the week this area is dormant and not generating income – so, with its idyllic positioning on the corner of Newman Road it lends itself to optimum street activation for an off-street access café, bar and dining offering including an alfresco area. A multi-purpose sports bar and lounge will be re-established in another area of the club."

Also proposed is a separate RSL sub branch office and a new veteran welfare office, which will provide greater efficiency, privacy and comfort to veterans and their families. A new Remembrance Garden will be developed to complement the existing Memorial Wall, incorporating landscaped gardens, pathways, water feature, memorial story walls and plaques honouring past, current and future military personnel.

"Geebung RSL is so pleased and grateful for the enthusiasm and support shown by our local state and federal members for this project to be fulfilled for the benefit of the local community," Greg said.

"All going well from a planning and logistics perspective we are aiming to deliver the new offerings over the course of late 2022 into early 2023."



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Street Science Shows Off Winning Formula

STORY **ALYSSA MACKAY**

Brighton resident Steve Liddell has children's education down to a science.

As the founder of science education provider, Street Science, Steve said he was proud when the company was named Champion Educational Service at the Australian Small Business Champion Awards in March.

He started the business ten years ago when the concept of science outreach programs didn't exist.

"No one was travelling to schools, blowing things up and getting kids excited about learning, so it was initially a pretty hard sell," Steve said. "I created a niche market, however teachers and students loved what we had to offer and they've been rebooking us year on year ever since."

Steve came up with the idea when he was working as a high school maths and science teacher and saw too many kids disengaged in the classroom. He created Street Science as a way to bring science education to life with hands-on workshops and explosive stage shows.

Since 2012, the team have been visiting schools, shopping centres, community events and kids' parties across the country.

Steve said winning the award was a big deal for the team at Street Science.



Steve Liddell Business Champion Winner

"The last two years have been really tough for small businesses and we have worked really hard to innovate and stay ahead of the pack," he said. "I think this award is a nod to my team who work hard day in and day out, and I hope it will allow us to connect with other local businesses to partner and kick some big goals together."

Street Science beat 17 other providers in their category, impressing the judges with their quality face-to-face and digital offerings. Now they plan to take Street Science to the world.

"Wouldn't it be amazing to take an idea, conceived right here in 4017 and conquer not just the Australian education market, but let's go bigger and see what we can do on a global scale," Steve said.

"We are working hard to build our offerings so kids all over the world can engage with exciting science experiences and we're looking at ways that we can support families to build confidence in their children's learning ability."

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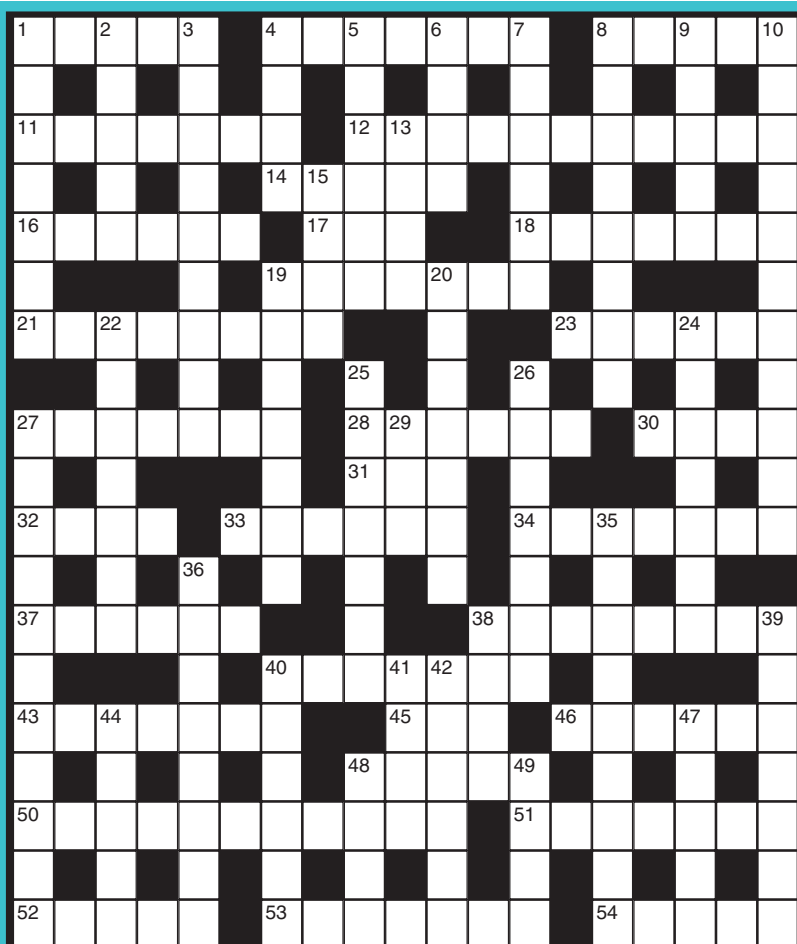









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ACROSS

- 1 European language
 4 Faults
 8 Smear
 11 Mature (5-2)
 12 X-ray specialist
 14 Golf score
 16 Moat, eg
 17 Burst
 18 Stealing
 19 Skin diver's gear
 21 Slanting parallelogram
 23 Cattle food
 27 Biblical giant slain by David
 28 Source
 30 Terminal part of the leg
 31 Carton
 32 Quagmires
 33 Colonnade
 34 College treasury
 37 Very small (coll)
 38 Slothful person
 40 Flowered
 43 Wide scenic road
 45 Pork product
 46 Shame
 48 Half a semibreve
 50 Investigation
 51 Correcting
 52 Four-door car
 53 Derided
 54 Invitee

DOWN

- 1 Comedian (coll)
 2 Eat away
 3 Large snake (4,5)
 4 Victim
 5 Left behind
 6 System of signals
 7 Babied
 8 Sales and display area
 9 Nimble
 10 Essentials (coll) (5-6)
 13 Mountains
 15 Copied
 19 Fades
 20 Pure
 22 Compelled
 24 3-D museum display
 25 Narcotic leaves
 26 Black and white
 27 Large sweets
 29 Shaft
 35 Conservative (5-4)
 36 Lose velocity (4,4)
 38 Truck (coll)
 39 Air current
 40 Detour
 41 US state
 42 How something is done
 44 Leashed
 47 Move smoothly along
 48 Sludge
 49 Spiced wine

Solution: Page 56



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Food Divine at CarselDINE Twilight Markets

STORY **ALYSSA MACKAY**

Looking for an excuse to catch up with friends? Planning a family-friendly evening? Or perhaps you're just really hungry? Then boogie on 'dine' to a pop-up night market that has something for everyone.

Feast on delicious gourmet street food, dance to live music and shop for artisan creations at the CarselDINE Twilight Markets this month.

Market coordinator Mark Power said the night markets would showcase a phenomenal range of international and local street food from experienced chefs and foodies.

"Attendees often comment on the elevation from the weekly markets," Mark said.

"The sparkling festoon lighting, additional decorations, extra stage area, and expanded food options are all favourites. The most common comment we receive about these

events is the overall great atmosphere and family friendly experience. Plus there is plenty of free parking."

There will be over 40 different, mouth-watering foods for market-goers to choose from including Japanese takoyaki, authentic Italian cannolis, artisan vegan fare, cheesy, decadent cob loaves, gourmet gelato, slow-cooked meats and wagyu beef and Asian style burritos.

Mark said more than 200 artisan stalls would feature local microbusinesses with hand crafted and curated goods.

"You'll find boutique fashions and accessories, unique pieces from bespoke jewellers, original and printed art, hand thrown ceramics, luxurious candles and skincare, accessories and treats for pets, and

so much more," he said.

Once attendees have satisfied their food cravings and shopped to their heart's content, there will be plenty of live music to keep them entertained. Local bands and musicians will perform on the main stage and food truck alley stage all evening long.

The New Black Band are set to dazzle the crowd with an extensive repertoire that includes Motown, soul, pop, disco, reggae and Top 40 favourites. Saxophonists Levi X and Dad will also be there playing all types of musical genres and having a jam.

"Levi recently won the People's Choice Award with his acoustic outfit LeviX AcoustiX at the South East Queensland regional busking competition," Mark said.

The kids will enjoy seeing the roving character performers, as well as spending time in the dedicated kid's zone with activities, a jumping castle and a petting zoo.

Entry to the markets is \$2.

CarselDINE Night Markets
Saturday, 14 May, 4-9pm
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Bracken Ridge locals looking for something different should go no further than Something Old, Something New on Gawain Road.

Owner Sharon Miller said the gift shop offered new and vintage items for every taste, as well as art classes for adults and children.

"We really have something for everyone here, if you're looking for something handmade, or brand new or a gift that's been previously loved," she said.

Sharon added she was delighted to also be hosting themed children's birthday parties at the shop.



"We theme the parties for whatever it is the children like, for example mermaids or superheroes," she said.

"At our last art party, it was mermaids and the birthday girl was so excited to have a 'real' mermaid at her birthday. The dress up shop

next door helps with whatever we need, and we really love to make it special for the birthday girl or boy.

"We supply everything, paints, canvas, aprons, brushes, everything, and the children all get a party bag to take home along with their painted masterpiece."

Something Old Something New also hosts painting classes for adults twice a month, and Sharon said she hoped to increase classes to once a week.

You can find the shop at Gawain Road, Bracken Ridge. Email them on: somethingoldsomethingnewbr@gmail.com or search Facebook for Something Old Something New Bracken Ridge

DID YOU KNOW? 12 Fun facts about May

STORY **JENN CARRINGTON**

stumbled across some interesting history about the month of May, which you might also find amusing!

- May is named after the Greek Goddess of fertility, Maia. But if you have ever read the Roman poet, Ovid, May is named after the elderly, and June for the juniors/youth.
- The English town of Stilton has a cheese race day on May Day, which is May 1.
- The fourth of May is commonly known as Star Wars Day. Fans use this as an excuse to rewatch the movies. "May the fourth be with you."
- Celebrities including Audrey Hepburn, George Clooney and John F Kennedy were all born in May. Some famous Australians include Grant Kenny and Kylie Minogue.

- There have been more Prime Ministers born in May in the UK than in any other month. Nine, in case you were wondering!
- Astrology lovers will tell you that Taureans, born between May 1 and 20 are known to be smart, trustworthy and ambitious. Gemini's, born after May 21, are believed to be more spontaneous, passionate and dynamic.
- The traditional flower of May is known as Lily of the Valley.
- May is also the month of International Hamburger Day on May 28.
- May's birthstone is the emerald, signifying youth and rebirth.
- It's commonly suggested that May is bad luck for weddings. There is an old saying "Marry in May, rue the day."
- May is the only month of the year that starts and ends on the same day of the week.
- Mother's Day is celebrated in 120 countries, but not all are in May.



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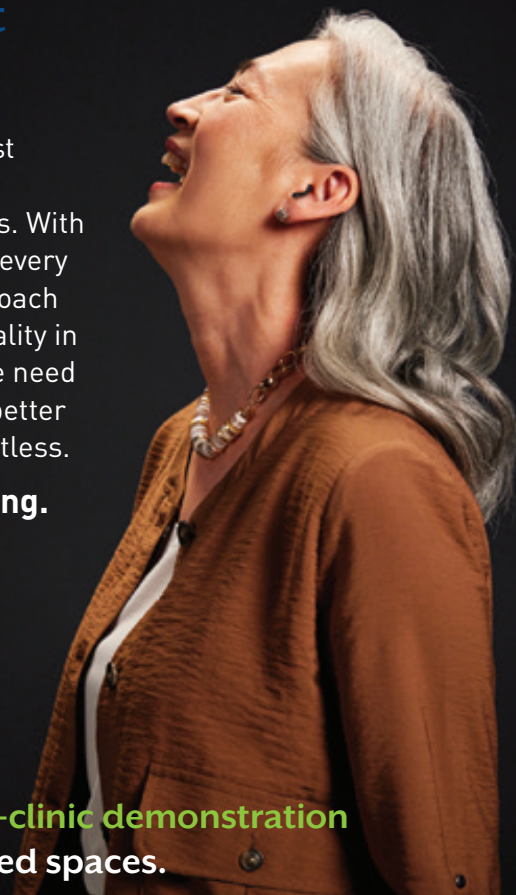
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Robert Burgess, John Roberts, Gerald Morphett, David Grant

Men and their Sheds

STORY **JENN CARRINGTON**
PHOTO **BRUCE REDMAN/SUPPLIED**

When I think of Dad and his shed, it was simply his happy place. A place to tinker, build, demolish and rebuild. A place to create, learn and teach. A place to hang out with his mates, get dirty and do 'men's stuff.'

Thanks to the Australian Men's Shed Association, there are now around one thousand of these male-based community developed organisations in the country, offering men these very same experiences.

Providing practical support, the Men's Sheds aim to improve the health and wellbeing of members, and reduce the number of men who are at risk from isolation.

Secretary of the Sandgate and Districts Men's Shed, Peter Lumsdale said since officially opening its doors in 2010, the Sandgate hub has flourished within the local community.

"By 2012 the shed had grown so much with extensions to the workshop, a kitchen and wood turning area added, the shed structure

had doubled in size. After another three years of fund raising the quality of the machinery and tools was gradually upgraded. The better tools and machinery enabled the members to produce a higher quality work with greater sense of self satisfaction."

"By 2015 it became clear that we had outgrown the shed, and after a meeting with Queensland Health in 2016 we moved onto Queensland Health land on the Brighton Health campus," he said.

The Shed facilities include a fully equipped woodwork shop, machine shop, welding bay, spray painting booth, enclosed wood storage and community area. Training courses are provided to develop skills for the safe and competent use of equipment and the Shed also offers opportunities to learn and undertake leather work and pyrography activities.

Mr Lumsdale added that men from different backgrounds were encouraged to join.

"Our members hail from a variety of working backgrounds, unskilled, trade, office, and professional. The various skills brought to the shed are shared amongst all the members providing versatility and intense interest and high quality products."

"Curiosity entices the quieter members to interact with others. Members' ages range from

30 through to 94 . And the 94 year old is still actively making musical instruments," he said.

The shed raises money from regular sausage sizzles, participating in local festivals and cooking BBQ's for the patients at the Zillmere based Queensland Health Transitional Care Unit. They also manufacture therapy items for the Acquired Brain injury unit of Brighton Health Campus, and host visits by BHC Therapists and their patients.

To foster positive men's health and wellbeing, the Hub engages the various skills of the members. Mr Lumsdale went on to add that by sharing skills and encouraging men to volunteer, it greatly supported the local community.

"The Shed provides a network for retired men, a place for mentoring, enjoying each other's company and most importantly, making new friends."

If my Dad was here with us today I know he would be down at the local Men's Shed doing all of the above.

If you are interested, why not give the Men's Shed a call on 36317641 or drop in during open hours.

Monday - Friday 8.00am to 12.00 midday
Brighton Health Campus
449 Beaconsfield Terrace Brighton Qld.
Email Sandgate.mensshed@gmail.com



Bracken Ridge Baptist Church to Host Trivia Fundraiser

STORY **ALYSSA MACKAY**

Put your thinking caps on for a night of trivia to raise money for vulnerable children.

Bracken Ridge Baptist Church is inviting the community to trivia and a silent auction this month, with funds going towards the Eagle Wings school in Zambia.

Event coordinator and Eagle Wings Australia board member Barbara Lingwood said the trivia night would support a program that provides scholarships for graduates to complete further education.

"The Ukufuma program is the newest of the Eagles Wings programs but is already seeing whole families given hope and lifted out of poverty, as a family member gains stable employment and begins to support and educate the rest of the family," Barbara said.

A range of items will be up for grabs at the auction, including vouchers for rides in vintage cars, canvas prints, a mystery picnic and tickets to a local choir concert.

"Participants make bids by writing their offer on a bid sheet during the breaks between rounds," Barbara said. "At the end of the night the highest bidder for each item gets to purchase that item."

There will be eight rounds of trivia on topics like Australia, sport, and food and drink. Tickets are \$25 for adults and \$10 for children and include cake, tea and coffee.

For more information and to purchase a ticket go to <https://www.brbc.org.au/events/eagles-wings-trivia-night>

Eagles Wings Trivia Night
Saturday, 28 May, 7-9.30pm
Bracken Ridge Baptist Church
47 Norris Road, Bracken Ridge

FIT & HEALTHY SANDGATE

STORY **ALYSSA MACKAY**

Kirtan Meditation Sanctuary

Take a break from the noisy, fast-paced world and find a deep inner peace with mantra meditation.

The Australian School of Meditation and Yoga (ASMY) North Brisbane are hosting mantra meditation experiences on the first and third Saturday of each month at SANDBAG Community Centre.

Mantra meditation practitioner and instructor Amit Kar said the evening was fully guided and included breathing, mindfulness, mantra/ kirtan meditation and reflections from yoga texts.

"Immersing and resting our hearts and minds in these mantras helps us to awaken and cultivate our inherent wisdom and spiritual love," Amit said.

"Everyone can experience the warmth of mantra meditation in their hearts. It is universal and everyone is welcome."

This event runs by donation. To register go to www.eventbrite.com.au

Mantra Meditation Experience
Saturday, 7 May and 21 May, 5-6pm
SANDBAG Inc
153 Rainbow Street, Sandgate.

Seniors Sing to Good Health

The Seniors Community Choir project is a fun, relaxed musical activity that will exercise your vocal chords and improve your mental wellbeing.

Brisbane City Council are presenting the free, six-week program at Sandgate Town Hall this month, run by musical ensemble The Boxties.

Artistic director Steph McCaw said The Boxties were excited to be asked by Council to run a seniors choir.

"Choral singing has numerous well-known health and social benefits but in our experience its most remarkable quality is its power to connect people to their creativity, to each other and their common humanity," Steph said.

The Boxties have more than 20 years' experience running community choirs. The project's repertoire will be arranged to suit the needs of the choir and will include sea shanties and folk and contemporary music.

Everyone is welcome and no choir experience is necessary.

To register go to www.eventbrite.com.au

Seniors Community Choir
Thursday, 19 May - 23 June, 11am-12.30pm
Sandgate Town Hall
Cliff and Seymour Streets, Sandgate.

Get on Board for Skate Sessions

If you want to learn how to skate or are looking to improve your skateboarding skills, this is the opportunity for you.

All Aboard Skateboarding are holding free skateboarding workshops at Bracken Ridge Skate Park on Wednesdays and Saturdays, run by experienced instructors.

Children and young people will build confidence by learning about skate skill development, injury prevention, skatepark etiquette and equipment maintenance in a fun and inclusive environment.

All equipment is provided, including skateboards and safety gear, but workshop participants can bring their own if they have them.

The All Aboard program is run by YMCA Action Sports at skate parks across Australia.

To book go to skatepark.ymca.org.au/all-aboard

All Aboard Skateboarding Sessions
Wednesday, 4 May and 25 May, 4pm-6pm
and Saturday, 21 May 11am-1pm
Bracken Ridge Skate Park
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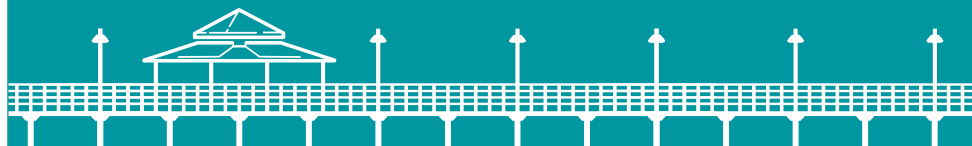
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 Sandgate QLD 4017

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Piecing it all Together

STORY **EMMA SANDERS**

Deagon's Artrageous Community Arts and Crafts Centre is offering locals the opportunity to meet for a cuppa and a chat, while delving into the creative medium of mosaic art.

Artrageous Arts curator and committee member Anne Gadsby said mosaic art is for everyone, no matter how artistic you are.

"It is a very popular art form because you can make anything from simple designs to very complicated, with lots of materials

available to work with: ceramic tiles, glass mosaic tiles, china, pre-cut shapes or even a mixture of all," she said.

"It is also a very forgiving craft, with the grout highlighting designs or disguising any faults.

"With Mother's Day approaching, we have a variety of beautiful and unique mosaic pieces on sale including pots, plaques, small tables and pavers, all at great prices."

Held every Saturday from 10am to noon, the Mosaic Club costs \$8 for participants including morning tea, with stock available at reasonable prices.

Anne said the club was one of the organisation's major fundraisers.

"Artrageous is a not-for-profit centre run by volunteers, so the fundraising programs are vital to our survival, particularly given recent water damage from the February floods," she said.

"It is a special and inclusive space allowing creative like-minded folks to share and gain a wide range of skills - all communities need a space like this."

For more information visit artrageous.org.au

Artrageous Arts Mosaic Club
Saturdays 10am-12pm
Unit 84/88 Loftus St, Deagon
P 3269 1535



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3269 4273 | 14b Fifth Avenue, Sandgate
www.sandgatepodiatry.com.au



FLAUNT HAIR

When you step through the doors of Flaunt Hair in Boondall, two things are guaranteed, professional service teamed with a personalised experience.

Stylist, Kym Kent, took over the established Boondall hair salon in March, bringing over 30 years' experience to the 4017 community. The salon itself has undergone a major refurbishment and offers a relaxed and welcoming atmosphere.

"I want to provide my clients with a more personal experience when they come to Flaunt Hair. It's important to spend time with them initially and provide a great consultation so together we can achieve their desired outcomes."

Kym specialises in all areas of colour, including colour correction, and cutting. She is also very experienced in perming, a service that is no longer widely available.

"My clients come in and relax with a complimentary coffee or glass of champagne and when they leave my goal is for them to look great and feel their own kind of fabulous."

• 2337 Sandgate Road Boondall
0488 995 561 | 07 3265 3388



LIFT BY ZIVKOFIT

Meg Zivkovic, owner of Lift by Zivkofit, believes that you deserve to be your number one priority and her brand-new personal training studio in Sandgate is guaranteed to help you achieve this.

"Lift is a studio designed to provide a safe place where clients can work out on their own terms."

Born and bred in Sandgate, Meg comes from a corporate background in senior management and understands better than most that a physical workout is only one part of a holistic approach to health. Meg provides one on one and small group personal training sessions, focusing on technique, along with yoga and mindfulness workshops.

The only studio of its kind on the Northside, Meg holds her Personal Training qualifications as well as Mental Health First Aid.

"I want my clients to feel comfortable the moment they walk through the doors. I am passionate about teaching the concept that you are so much more than the calories you burn."

Lift is open Monday to Saturday by appointment and can be booked online at www.zivkofit.com

• Knox Street Sandgate | M: 0413 221 300

the **full moon** HOTEL ON BRAMBLE BAY

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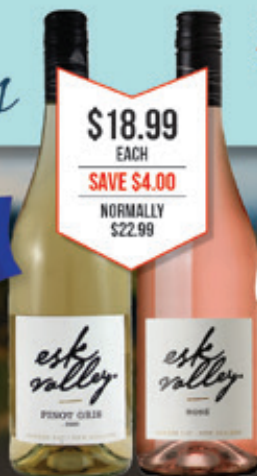


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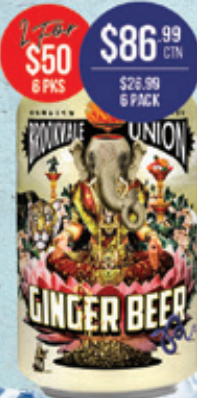
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"It was awful," Sarah said. "Every single one of the shops here flooded, the front two were probably the worst, that's Q-Tax and the bait and tackle shop, and part of the damage was from all the 4WD's going past pushing waves of water into the shops."

"In a lot of ways, we're counting our blessings – the floodwater missed my stock by about one centimetre – but it's been very stressful."

Flooded businesses trading again

STORY **BROOKE JACOBSON**
PHOTO **BRUCE REDMAN** AND SUPPLIED

Deagon's Board Street shops are on the road to recovery after being inundated by flooding at the end of February.

Some of the shops opposite the Deagon oval date back 90 years and had never flooded before.

Naturopath Sarah Lathopolous said she had just opened her shop in January.

"I had been running my business in other practices, but this was my own shop, and I was so excited," she said.

The flooding was described as "unprecedented" and affected Sarah's Naturopathy Studio, as well as Q-Tax Sandgate, Sandgate Bait & Tackle, Psychology Studio, BMB Beauty by Design, Carolyn Smith Essential Homeopathics, Model Train Supplies and the Azura Hair Salon.

Most of the shops had half a metre of water through their premises.

While the hairdresser, bait and tackle shop, and Sarah's business have reopened, she said for some, the event was too much. Some store owners were still too upset to speak to the Sandgate Guide about their experiences.

Sarah added one "good thing" to come out of the experience, was the community coming together to help.



The floodwaters inundating all the businesses on Board Street in Deagon. Above: The interior of Sarah's shop before and after the floods.

"The neighbours all came out to help clean up, a guy with a coffee van turned up to hand out coffees," she said.

"The 4017 community as a whole was so supportive; we really became an island during those floods and it meant we were all literally in it together."

The Board Street businesses are anxiously waiting on the results of a hydrologists report, which will determine if the flooding was the result of runoff rainwater from the oval, or rising water from the creek.

"If it came from the creek, it's not covered by insurance," Sarah said.

"But we're all here doing the best we can, working on the bare concrete floors. We all can't wait to have new flooring laid, and for all our customers to be able to come back."

Redcliffe Showgrounds

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www.tinyhomesexpo.com.au



DESTINATION DIVAS

From left to right, Bobbie Reilly, Carrie Barham, Hiromi Kimoto, Michelle Jeffs and Elizabeth McPherson

STORY **EMMA SANDERS**

Intrepid music lovers can get a dose of the world's destinations when legendary local choir The Bayside Divas hit the stage for their Dreams of Travel concert at Sandgate Town Hall.

Bayside Divas concert coordinator Christine Reed said this year's concert would be extra special as it followed two years of being unable to hold an annual concert due to covid restrictions.

"We have worked hard this year to introduce technology and provide the ability for members to join practice sessions via Zoom when they are not able to attend the choir practice in person," she said.

"So the 40 ladies that make up the Divas are ready to bring some joy and entertainment to our audience with this show. To have a choir that has grown together through ups and downs over a period of nearly 20 years is a testimony to the choir members and the culture of the choir."

With two concerts being performed over the afternoon, the Bayside Divas' performance promises to be one of warmth, community and their usual touch of pizzazz.

"Each year the concert has a different theme and there are approximately 250 tickets available for each performance," Christine says.

"After boarding our flight we'll be 'up up and away' on a musical trip to destinations around the globe.

"First stop is the USA's West Coast where we join The Beach Boys, before heading to the East Coast with the Boy from New York City and then across the Atlantic to London where we'll find the Beatles in Penny Lane.

"Europe is next, dropping in on France and Italy before returning home with stop-offs to visit the set of India's Slumdog Millionaire and see Japan's cherry blossoms.

"We have a number of costume changes to keep the performance visually interesting and a few of the songs will be accompanied by choreographed moves performed while singing.

"All together with the great mix of songs and accompanying sound and lighting, it's an entertaining show which lasts just over an hour."

Tickets to the concert are \$20 for adults, \$18 for concession and \$10 for children under 12 years (children under 5 are free). Online bookings can be made at www.trybooking.com/BYQYA or visit the website at www.baysidedivas.com.au

Dreams of Travel by The Bayside Divas
Saturday 28 May 2.00pm and 5.30pm
Sandgate Town Hall
Cnr Cliff and Seymour St, Sandgate
www.baysidedivas.com.au



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I am a Roman historian and political theorist.

I believe in the core principles of liberal democracy – freedom of speech, religion, association and freedom from fear. Without these, we don't have democracy at all.

I am a wife, mother of 3 grown children – one with special needs – and a newly-born grandson.

My husband and I have run a small business for over 30 years and know all too well the damaging effects of over-regulation.

I'm standing for the United Australia Party because I believe we are the only ones offering real and tangible solutions to address our devastating debt, the decrease in our standard of living, and loss of our fundamental freedoms.



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- Protect Australian values.
- Restore our Constitution.
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Contact your UAP candidate Gerardine Hoogland Lilley@unitedaustraliaparty.org.au or 0407 273 236

A WORD FROM OUR REPRESENTATIVES

CR JARED CASSIDY

I had the honour of presiding over the Citizenship Ceremony which was part of the official proceedings at the Vaisakhi Harvest Festival on 11 April at Curlew Park. We welcomed over 30 new citizens who proudly became new Australians.



The annual event, hosted by Punjabi Cultural Association of Queensland Inc. was attended by hundreds of visitors keen to enjoy the traditional food and activities. I was happy to once again sponsor this wonderful community event through the Deagon Ward Community Fund.

The Einbunpin Festival turns 30 this year! Planning is well underway for the big celebrations! Applications have now opened for both Entertainers and Stallholders at the upcoming Einbunpin Festival to be held on 31 July. The online applications are available online at www.einbunpinfestival.org.au

I have submitted my local submission to the Lord Mayor for this year's Council budget. My focus has been on funding for long overdue projects like the Brighton Foreshore, Einbunpin Lagoon management plan, upgrades at O'Callaghan Park and increased funding for drainage. There is plenty more in there – keep an eye on my Facebook Page for more details.

STIRLING HINCHLIFFE MP

This month we celebrate International Nurses Day and thank all local nurses for their tireless efforts adapting to the changes in hospitals and aged care since the onset of the COVID-19 pandemic in 2019.



International Nurses Day is celebrated annually on 12 May, the anniversary of the birth of the foundational philosopher of modern nursing, Florence Nightingale. The International Council of Nurses' theme for #IND2022 is

Nurses: A Voice to Lead which focuses on the need to invest in nursing and respect the rights to secure global health.

Nurses are the backbone of the health system which is why the Queensland Government committed a record \$22.24 Billion in the 2021/22 budget for Queensland Health.

This global pandemic has served as a reminder of our reliance on nurses and healthcare professionals. The Palaszczuk Government is committed to providing the support nurses need to protect the community and our loved ones.

Thank you to all the nurses and midwives in the Sandgate electorate.

CR SANDY LANDERS



Following Flood Recovery work, the Schinnerer Council has continued to deliver road upgrades, park improvements and building an even better Brisbane.

Works on Dorville Road, Aspley and Roghan Road, Fitzgibbon are now complete with more street parking, better drainage and greater safety for pedestrians. Work is underway for Stage 2 of the Norris Road upgrade in Bracken Ridge, with signalisation of Pritchard Place to improve safety during peak school times.

The new toilet block at John Stewart Memorial Park, Bald Hills is now open and providing an

even better place for families to meet and play.

New playstations and park benches have been installed at the Learn to Ride Track at Len Trezona Park in Zillmere. We've also added some additional pavement signs on the track and street fencing on the Murphy Road side of the park to improve safety.

Upgrades to the play equipment has begun at Strawberry Farm Park in Carseldine, including connecting paths and relocation of seats closer to the playground. The old timber log fence will also be replaced with street fencing on the McCallum Street side to improve safety.

To stay up-to-date with news and upcoming projects in the Bracken Ridge Ward, follow my Facebook page at [Facebook.com/Cr.Sandy.Landers](https://www.facebook.com/Cr.Sandy.Landers) or Instagram @[crsandylanders](https://www.instagram.com/crsandylanders).

Meet Your Upcoming Election Candidates



ANIKA WELLS

Federal MP for Lilley
- Labor Candidate

As your Federal Member for Lilley, my focus is on our Northside community's recovery – from flooding, from the COVID Omicron wave, and from the challenges to our economy over the past three years. An Albanese Labor Government will deliver secure well-paid jobs, cheaper child care, stronger Medicare, compassionate aged care and will revive Australian manufacturing to secure our sovereign capabilities.



MICHELLE WILDE

Pauline Hanson's
One Nation Candidate

Small business owner, Michelle Wilde, is married with four boys after a career as a corporate lawyer.

She is passionate about protecting the freedoms important to all Australians by means of less Government interference in business and family life.

Michelle believes in financially responsible Government policies and reducing the green and red tape that is stifling innovation and economic growth.

Local DINING GUIDE



6 Knox Street, Sandgate
Coffee Shop

CYPHER COFFEE

Feature: Need a coffee hit? Craving something sweet? Maybe something savoury? Cypher Coffee has you covered! Proudly serving 'Bear Bones' specialty coffee. Come and check out our delicious range of Byron Bay cookies, Turkish toasties, and more!

Conveniently located next to Sandgate train station.
Open 7 days from 5.30am.



2 Queens Parade, Brighton
Wine Bar
0416 689 465

ECLECTEA

Feature: Expect the unexpected: everything has a story. Fresh seasonal menu, small wineries and craft breweries. Cosy, bayside atmosphere.

Opening Hours: Thurs 3-7pm, Fri - 3-9pm,
Sat/Sun 1-9pm



196 Flinders Pde, Sandgate
(opposite pool)
Seafood, Burgers & Beers
3269 6903

FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.



3 Third Avenue, Sandgate
Italian Pizza Restaurant
3269 9766

IL FORNO PIZZERIA

Feature: No. 2 the best pizza in Brisbane. Traditional Italian pizza restaurant located in Sandgate. Family friendly and relaxed environment, all our pizza is cooked with a wood fired oven. We provide vegetarian, vegan and gluten free options.

Open: Tue - Thu & Sun 5.00pm - 8.30pm
Fri - Sat 5.00pm - 9.00pm





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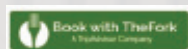
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Local DINING GUIDE



8 Queens Parade, Brighton

Coffee Shop

0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



1 Loudon Street, Sandgate
(across from the town hall)

Breakfast, Lunch and Coffee

3269 1629

MYRTLE & BLOSSOM

Feature: Discover Sandgate's inspired new approach to casual eating. We're here to share the joy of real food and fresh local creations. Think deliciousness, delight and sustainability.

Open: Tuesday to Sunday
7.30am - 2.30pm



154 Barrett St, Bracken Ridge
Bracken Ridge Tavern

Steak & Rib House

3269 7011

PANAMA JACK'S STEAK & RIB HOUSE

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Open 7 days from 11:30am until late.
www.thebrt.com



6 Park Parade, Shorncliffe

**Modern Australian
& Mediterranean**

0447 265 852

PREECE'S ON THE PARK

Feature: We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

Serving fresh Merlo coffee all day with all home made treats, a massive selection of gluten free cakes too. And not to forget, we have the BEST vanilla slice.





Sinbad St, Shorncliffe
Bar Restaurant Functions
3269 4588

QUEENSLAND CRUISING YACHT CLUB

Feature: Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. www.qcyc.com.au
All public very welcome!



7 Fourth Avenue, Sandgate
Homestyle Café
3269 0318

SALAD DAYS

Feature: Open for breakfast, lunch, coffee, milkshakes and smoothies. Specialising in homemade lasagna, quiches, pies, sandwiches, burgers, and cakes. Catering available. Dine in or take away. Wheelchair accessible.

Open Monday 9am-2pm, Tuesday to Friday 8am-2pm. Sat & Sun closed at present.



50 Keogh Street, Sandgate
Casual Dining
3609 2001

THE SANDS SOCIAL RESTAURANT & CAFE

Feature: Looking for lunch or dinner with family and friends? Visit the newest restaurant in Sandgate, located at The Sands Social. Enjoy classic club style food as well as freshly made pastas and pizzas. Café is open all day from 10am. Members discounts available. Bookings are recommended.



227 Rainbow St,
Shorncliffe
Specialty Coffee House
0413 849 814

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.



Local DINING GUIDE



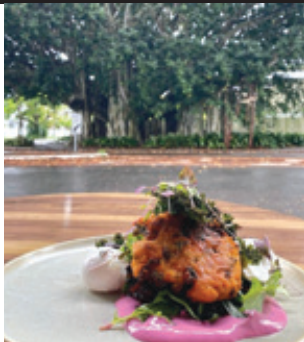
227 Rainbow St, Sandgate

Café

3269 6970

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Wednesday – Sunday, 7am – 1:30pm, closed Mondays and Tuesdays.



Bracken Ridge Plaza

250 Telegraph Rd,

Casual Dining

3261 6102

THREE WISE MONKEYS CAFÉ

Feature: Three Wise Monkeys Café is a local family-owned Café serving fresh and flavourful meals and Brisbane's favourite Campos coffee.

Come visit us for our well-renowned burgers and grab one of our delicious bubble teas on the way.

Fuel your day at Three Wise Monkeys Café, located in the Bracken Ridge Plaza. Open 7 days.



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Anyone for tennis?

STORY **PATTIE TANCRED**

Reginald Heber Roe, headmaster of the Brisbane Grammar School (1876) really started a craze when he brought a set of tennis equipment from England, set up a gravel court at the school and introduced the game to Queensland. Tennis formally took off in the state with the formation of the Queensland Lawn Tennis Association in 1888.

The residents of 19th century Sandgate were not far behind in adopting this new pastime. In fact, Sandgate was in the vanguard, with a number of private courts being constructed well before the official institution of the game. Villa Marina - built as a private residence in 1881 and later converted to a boarding house - boasted, among other amenities, a "beautiful tennis court and croquet lawn". The Telegraph reported in 1899 that, "Mrs Deazley, of Saltwood, celebrated the opening of her tennis court ... with a garden party and musical evening".

Many other private residences featured courts and it was around these that clubs were formed. One of these, the Willouie Club, was based at Hollydene, the residence of a Mr John Lloyd, whose court, built by Mr Lloyd himself, was widely believed to be the best in Sandgate. In 1919, the "Willouies" as they were called, became the first club to enter a seaside team into suburban competition fixtures.

In the first few decades of the 20th Century, there were nearly as many clubs - more than 11, at one point - as there were private courts in Sandgate and inter-club tournaments were played on these courts well into the 1920s. Published fixture lists informed players where particular games would be played: "Gentlemen's Singles Handicap - C D Ferguson's court"; "Mixed Doubles Handicap - Cranbrook Court"; and so on.

Church teams were very active in the early days of Sandgate tennis. The Sandgate

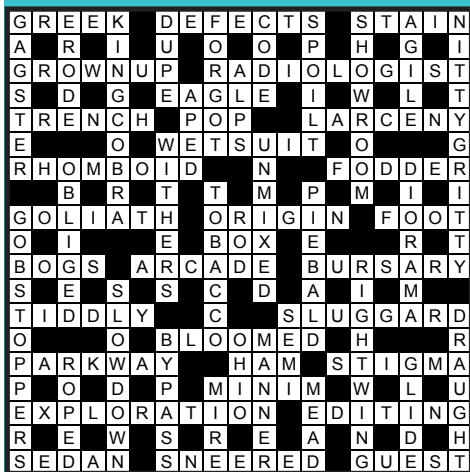
Catholic Club, formed in 1912, put down and maintained two courts but, eventually, public courts were constructed and made available for lease from the council. The Presbyterian and Baptist tennis clubs were granted leases to play there in 1924 and 1925.

Very often, Sandgate tennis tournaments were organised as fund-raising events, such as the Sandgate Patriotic tournaments put on by St Margaret's Church in 1917 in aid of the Red Cross and others, post-war, "to assist the distressed digger".

Once tennis turned professional, it was game, set and match for this genteel and gentle era of tennis but ideally the spirit of friendship and good sportsmanship portrayed in those early days lives on.

With thanks to the Sandgate Historical Museum.

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CONNECT AND CREATE

AT NEW ART STUDIO

STORY **EMMA HARLEY**

Art and community have combined in Brighton with the creation of a new art studio and drop-in centre, Eykandi Arts Studio.

Owner Jan Cunningham said the space would serve not only as a gallery for her own art, but also as a space where locals and visitors could gather, have a cuppa and meet others in a safe, welcoming environment.

"Eykandi Arts Studio isn't just for artists, it is for anyone looking to make connections with other locals," she said.

"But if people would like to dabble in some artistic drawing and painting during their visit, it is the perfect environment with some art supplies on offer, or you can bring your own.

"The space is all about community, from long-time residents to those who have just moved to the area, anyone can enjoy the opportunity to partake in some friendly chat and the exchange of ideas."

Open since March, the Eykandi Arts Studio has a variety of Jan's own art on display, as well as a range of pyrography - decorating wood with burn marks - created by Jan's husband Kevin at the Sandgate Men's Shed.

The studio is open Saturdays from 10am-2pm or just look for the flags out the front, which show the studio is open for drop-ins.

For more information on the Eykandi Arts Studio visit eykandiarts.com

Eykandi Arts Studio
11 Palina Street, Brighton
P 0408744 219

Aspley Store the Source of Sustainability

STORY **ALYSSA MACKAY**

A local health store owner is sharing her passion for zero waste by reducing single use plastics.

A self-described "earth advocate", Bernadette opened The Source Bulk Foods at Aspley Hypermarket after learning about the devastation plastic waste was having on waterways and the ocean.

Bernadette said the store offered customers a shopping experience free from single use plastics.

"Nothing in store is packaged in single use plastic and customers can bring their own jars, containers, and bottles to refill, or use our complimentary compostable brown paper bags for dry goods," Bernadette said.

The Source Bulk Foods has over 50 stores around Australia. Bernadette said shopping at the retailer had made a huge impact on the production of single use plastic.

"Since last year, The Source Bulk Foods has stopped 102,900 kilograms of packaging waste from going to landfill, 10,290,000 plastic bags from being produced and donated over \$20,000 to foundations like Sea Shepherd," she said.

"Imagine if everyone just refilled their laundry or dishwashing liquid bottle – it would save thousands of bottles from going to landfill."

The Source Bulk Foods Aspley delivers to a range of locations including Bracken Ridge, Brighton, Deagon, Sandgate and Shorncliffe, with free delivery for orders over \$55.

For more information and to place an order go to www.thesourcebulkfoods.com.au



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MAKING MEMORIES AT MOUNT MEE

STORY JENN CARRINGTON

Award winning wine, + five star food + breathtaking vineyard views = one of the Somerset region's most stunning venues. With a rich family history and passion for creating life-long memories, the Ocean View Estate in Mount Mee is a must on the scenic to-do list.

Co-owner Kate Honnef, along with her husband Thomas, and business partners, started the vineyard back in 1998. From there it grew into the family-friendly space that is now sprawled over the 100 acre property.

Kate said with her husband Thomas's background in biochemistry, family history in grape-growing and winemaking, plus the opportunity to build on their friend's property, the estate remains very family focussed.

"Thomas is the winemaker, our daughter Hannah helps with wine making and social media, and her husband is also an assistant winemaker."

Being able to work together, and having the family involved, kept the business strong throughout Covid-19.

"Up until Covid, anything was kind of within our control. Problems could be changed and resolved. As soon as Covid came along we had no control. We had to keep on going with the ever changing flow which was exhausting."

However, Kate said she wouldn't change her role in hospitality and tourism because it was the interaction with people that keeps her in her job.

"Every day I meet people who make my day. I love that I have the opportunity to change someone's day from being ordinary to just being that little more special."

Kate added Thomas's passion about the art and science behind wine making that he loves so





much, was a driving force behind the business's success.

"To be able to do chemistry and apply it to something fun like wine and enjoy it, to get something that people rave about and love to consume, there's no better thing to do with science than that." This passion is now producing around 32,000 bottles of wine a year.

Experiences including Fly In and Dine, behind the scenes winery and vineyard tours, weddings, corporate events, romantic accommodation, Sunday sessions and picnics with your pooches are all on offer at Ocean View Estate. And if you really want to spoil mum this Mother's Day, there is a sumptuous lunch menu.

"We've got quite a few things happening on Mother's Day. We have lunch in the restaurant, our Sunday session with a live musician from 3.00-6.00pm, plus our picnics, which you can pre order our platters or order here and bring the family to come and picnic amongst the vines.

"That's really popular for Mother's day especially with the kids, so families aren't stuck on a table, then mum can still have a good time as the kids can run around the grounds," Kate said.



Thomas and Kate Honnef

With most of the restrictions from Covid-19 now lifted, Kate said the plan is now to consolidate current plans and then start planning bigger and better for 2023.

"We really just want to continually improve all the experiences that we can offer."

Ocean View Estate is open Tuesday to Sunday. For all booking details including Mother's Day lunch please see their website www.oceanviewestates.com.au

**2557 Mount Mee Road
Ocean View 4521
07-3425 3900
info@oceanviewestates.com.au**



'LANGUAGE LESSONS'

MOVIE REVIEW

STORY @WATCHITWOMBAT

Language Lessons is one of the best films of the year. However, I'm reluctant to tell you the premise as it might put you off. Let me explain and hopefully you won't miss out on this great experience.

When Adam (Mark Duplass) based in LA, receives a surprise gift of 100 online Spanish lessons from his husband, he starts to form a friendship with his Costa Rican tutor Cariño (Natalie Morales). The catch is, the entire film is shot on video calls. In this age of constant zoom meetings it sounds like the last thing you'd want to do with your spare time. But director, writer and star Morales uses every trick and technique to make the medium work and somehow manages to make this movie not feel like a gimmick.

Although the budget was less than the price of the cinema ticket, it never feels cheap. The two leads did their own hair and makeup, set design and lighting, with the whole shoot taking four weeks to complete. Loosely based on an experience Duplass had, and their

mutual grief over the loss of a friend, the co-stars separated to write their own characters, then collaborated by scripting 70% of the story and improvising the rest.

As it has an American lead, this movie is the perfect introduction, for those uninitiated, into the world of foreign film, while aficionados should relish some of the more nuanced jokes, of which there are plenty. What makes 'dramedy' films such as this so interesting is the range of emotions you can feel in such a short period. It's only 91 minutes, which isn't enough time to grow tired of the format or the two actors.

The performances are so compelling you'll believe you have dropped in on someone else's private call, letting you indulge your inner voyeur. Together Duplass and Morales have created a great example of a simple(ish) story well told, that unfolds at an even pace, instilling the message that connections can be formed in the most unlikely places, in the most extreme times, with the most unlikely people.

Experience it on the big screen as part of the Moro Film Festival held at Palace Barracks and Palace James Street cinemas, running until May 18.

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Banana Flower (above), Custard Apple (above right) and Choko (right)

SEASONAL PRODUCE

Celebrating Seasonal Produce

As the weather cools down, finding ingredients that you can use in curries and stews is a must. Here we are showcasing three gorgeous ingredients that are versatile enough to use in almost any weeknight meal.

THE HUMBLE CHOKO

Most people would be able to recognise a Choko, however, some may not know what to do with them. They have previously had a bad rap because they were used heavily in the depression era when families needed ingredients that would take on any flavour. These days, modern families are giving them a new lease on life. You can use them as a spaghetti replacement, when cubed, they can be added to a curry or soup (much like zucchini), and you can even stew them with dates, sultanas and cinnamon and serve it with ice cream. Probably the most well-known way to prepare them is a good old-fashioned jar of pickles.

BANANA FLOWER

If you are intimidated by this magnificent looking flower, you are not alone. Banana flowers are just as they sound. They are the flowers that grow on a banana tree. You can only eat the centre, white leaves, so peel the outer layers like you would cabbage, to reveal the white inside. Once you have done this, the leaves can be chopped and added to soups, stir-fries or you can even serve them with a dip (much like you would an artichoke). These beautiful flowers give off a lot of sap, so cut somewhere outside or near a sink and make sure you prepare them just before you cook, or it will turn brown.

CUSTARD APPLES

These beauties have a soft, sweet flesh that resembles the taste of a pear, with the consistency of custard. They are commonly used in sweet dishes, however, can be eaten straight off the tree. Simply break open and scoop out the flesh with a spoon. Once picked, the opportunity of a ripe custard apple is quite small. You want it firm but soft (much like an avocado) but even if soft they can be ok to eat (as long as they're not brown inside). Custard Apples really shine in sweet recipes such as cakes and crumbles and if you're adventurous, you can even turn them into a sorbet.



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MAY

What's On.

01 SUNDAY

🎵 CHRIS MCLAREN

The Sands Social 1:30am

📌 BOURBON & BREWS FEST 2022

The Bracken Ridge Tavern 1pm - 11pm

Bourbon & Brews Fest returns for a day out for the whole family, FREE entry. Kids activities, Games, Giveaways, over 100 bourbon's to try, craft beers, favourite local and international artists as well as the ultimate all day music line up with 80vs90s Show, Rumours: The Fleetwood Mac Experience.

📌 MAKERS & SHAKERS - STITCHER'S SOCIAL

EclecticTea 1pm - 3pm

Makers & Shakers is an afternoon of craft with like-minded people of all ages and abilities. BYO equipment: needles, hooks, hoops, wool and yarn. Huge selection of craft beer, spirits, wine, cocktails and nibbles available. Live music all afternoon!

🎵 SUNDAY SOUNDS - PETES LOUNGE

Queensland Cruising Yacht Club 2pm

🎵 SCARLETT GUNNER DUO

Full Moon Hotel 2pm

02 MONDAY

🎵 MONTANA DUO

Full Moon Hotel 1pm

04 WEDNESDAY

📌 ALL ABOARD SKATEBOARDING SESSIONS

Bracken Ridge Skate Park 4pm

05 THURSDAY

📌 BOOKS ANON. BOOK CLUB

EclecticTea 6:30pm - 10pm

First Thursday of every month: Details on Facebook <https://www.facebook.com/events/165425998743196/>

🎵 OPEN MIC NIGHT

Phoenix Bar & Lounge 7pm

📌 OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

06 FRIDAY

🎵 OASIS MAK

EclecticTea 4pm

🎵 DJ GALLEON

Phoenix Bar & Lounge 6pm

📌 CHAPLAINCY FUNDRAISER TRIVIA NIGHT

Bracken Ridge State High School 7pm

🎵 LISA DEANGELIS

Full Moon Hotel 8pm

🎵 THE NATURALS

The Sands Social 8pm

07 SATURDAY

🎵 SATURDAY ARVO SESH W MAK & FRIENDS

EclecticTea 5pm

📌 MANTRA MEDITATION EXPERIENCE

SANDBAG Inc 5pm

🎵 MR ANDERSON LIVE

Phoenix Bar & Lounge 7pm

🎵 **RILEY LEE - SHAKUHACHI BAMBOO FLUTE**

Sandgate Town Hall 7:30pm

🎵 **RILEY LEE'S SOLO SHAKUHACHI CONCERT**

Sandgate Town Hall 7:30pm

🎵 **RADIO ACTIVE**

The Sands Social 8pm



🎵 **BEN STEWART**

Full Moon Hotel 8pm

08 SUNDAY

🎵 **SUNDAY SOUNDS PHIL GALLETLY**

Queensland Cruising Yacht Club 1pm

🎵 **CASEY FOGG**

The Sands Social 1:30pm

🎵 **MONTANA DUO**

Full Moon Hotel 2pm

🎵 **TUNES ON THE TURF**

EclecticTea 3pm

🎵 **VIC KENA LIVE**

Phoenix Bar & Lounge 3:30pm

12 THURSDAY

🎵 **OPEN MIC NIGHT**

Phoenix Bar & Lounge 7pm

🎵 **OPEN MIC AT THE CARDIGAN BAR**

Cardigan Bar 7pm

13 FRIDAY



🎵 **OASIS MAK**

EclecticTea 4pm

🎵 **DJ LIAM CONNOR**

Phoenix Bar & Lounge 6pm

🎵 **JAMMING**

The Sands Social 8pm



🎵 **JAYDEN REID DUO**

Full Moon Hotel 8pm

14 SATURDAY

🎵 **CELTIC SESSIONS WITH BLARNEY STONE**

Cardigan Bar 3pm

📌 CARSELDINE NIGHT MARKETS

133 Dorville Road, Carseldine. 4pm

🎵 LR MARSH DEBUT ONLY AT THE BRT

Phoenix Bar & Lounge 8pm

🎵 RENNY FIELD DUO

The Sands Social 8pm

🎵 PERCY ROBINSON

Full Moon Hotel 8pm

15 SUNDAY

🎵 SUNDAY SOUNDS - MAGPIE SEASON

QCYC 1pm

🎵 NATE ANDREW

The Sands Social 1:30pm



🎵 THE FEBS DUO

Full Moon Hotel 2pm

🎵 TUNES ON THE TURF

EclecticTea 3pm

🎵 WILKO

Phoenix Bar & Lounge 3:30pm

16 MONDAY

FULL MOON

Rise time 5.08pm



19 THURSDAY

🎵 OPEN MIC AT THE CARDIGAN BAR

Cardigan Bar 7pm

🎵 OPEN MIC NIGHT

Phoenix Bar & Lounge 7pm

20 FRIDAY



🎵 OASIS MAK

EclecticTea 4pm

🎵 DJ GALLEON

Phoenix Bar & Lounge 6pm

🎵 DARYL JAMES DUO

Full Moon Hotel 8pm

🎵 CASEY FOGG DUO

The Sands Social 8pm

21 SATURDAY

📌 ALL ABOARD SKATEBOARDING SESSIONS

Bracken Ridge Skate Park 11am

📌 MANTRA MEDITATION EXPERIENCE

SANDBAG Inc 5pm

🎵 KLUSTERFUNK

The Sands Social 8pm

🎵 BENJAM DUO

Full Moon Hotel 8pm

22 SUNDAY

🎵 SUNDAY SOUNDS - FELLOW NOMAD

Queensland Cruising Yacht Club 1pm

🎵 **RYAN HURRICANE**

The Sands Social 1:30pm



🎵 **MONTANA DUO**

Full Moon Hotel 2pm

🎵 **TUNES ON THE TURF**

EclecTea 3pm

🎵 **WILKO**

Phoenix Bar & Lounge 3:30pm

25 WEDNESDAY

🛹 **ALL ABOARD SKATEBOARDING SESSIONS**

Bracken Ridge Skate Park 4pm

26 THURSDAY

🎵 **OPEN MIC AT THE CARDIGAN BAR**

Cardigan Bar 7pm

🎵 **OPEN MIC NIGHT AT QCYC**

QCYC 7pm

🎵 **OPEN MIC NIGHT**

Phoenix Bar & Lounge 7pm

27 FRIDAY



🎵 **OASIS MAK**

EclecTea 4pm

🎵 **DJ LIAM CONNOR**

Phoenix Bar & Lounge 6pm

🎵 **VINYL CLUB**

Cardigan Bar 7pm

🎵 **THE BLACK WATER DUO**

The Sands Social 8pm

🎵 **SCARLETT GUNNER DUO**

Full Moon Hotel 8pm

28 SATURDAY

🛹 **BOONDALL WETLANDS GUIDED WALK**

Boondall Wetlands Reserve 10am

🎵 **BLUEGRASS JAM**

Cardigan Bar 3pm

🛹 **ROCK UNDER THE CLOCK**

Sandgate Bowls Club 6:30pm

🛹 **EAGLES WINGS TRIVIA NIGHT**

Bracken Ridge Baptist Church 7pm

🎵 **STATE OF APPALACHIA DUO**

Cardigan Bar 7:30pm

🎵 **ALEX HARRIS DUO**

Full Moon Hotel 8pm

🎵 **STEVENSON ST DUO**

The Sands Social 8pm

🎵 **MAT MCCOUT SATURDAY LIVE**

Phoenix Bar & Lounge 8pm

29 SUNDAY

🎵 **SUNDAY SOUNDS - DANNY JAZZ**

Queensland Cruising Yacht Club 1pm

🎵 **CHRIS STEVENSON**

The Sands Social 1:30pm

🎵 **WILKO DUO**

Full Moon Hotel 2pm

🎵 **TUNES ON THE TURF**

EclecTea 3pm

🎵 **EMQ**

Phoenix Bar & Lounge 3:30pm



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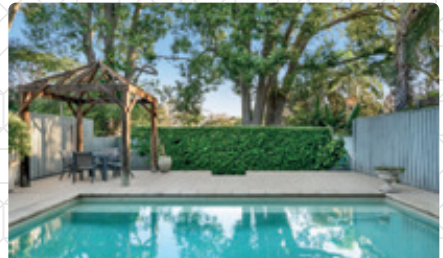
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0940 2.08		0754 0.91		0700 2.24		1149 1.82		1216 0.53	
SU 1555 0.42		SA 1324 1.54		FR 1336 0.47		TH 1742 0.45		WE 1824 2.08	
● 2211 2.44		1913 0.85		1945 2.25					
2 0436 0.63		8 0203 2.11		14 0200 0.61		20 0028 2.59		26 0029 0.76	
1013 1.98		0900 0.93		0745 2.24		0725 0.61		0627 2.13	
MO 1622 0.44		SU 1435 1.52		SA 1418 0.38		FR 1248 1.73		TH 1300 0.48	
2245 2.44		2016 0.93		2030 2.41		1831 0.57		1913 2.21	
3 0512 0.67		9 0308 2.07		15 0253 0.54		21 0123 2.49		27 0125 0.72	
1045 1.88		1010 0.89		0831 2.20		0829 0.64		0714 2.07	
TU 1648 0.49		MO 1600 1.58		SU 1459 0.33		SA 1355 1.68		FR 1340 0.45	
2317 2.41		● 2138 0.95		2115 2.54		1932 0.68		1956 2.32	
4 0546 0.73		10 0416 2.09		16 0345 0.50		22 0223 2.38		28 0215 0.69	
1116 1.78		1112 0.80		0917 2.14		0930 0.65		0755 2.01	
WE 1717 0.56		TU 1712 1.72		MO 1537 0.31		SU 1509 1.70		SA 1415 0.43	
2351 2.35		2257 0.89		● 2200 2.63		2046 0.77		2035 2.40	
5 0623 0.80		11 0518 2.14		17 0436 0.49		23 0329 2.30		29 0300 0.67	
1152 1.69		1204 0.69		1005 2.04		1030 0.63		0833 1.94	
TH 1749 0.65		WE 1808 1.89		TU 1616 0.32		MO 1622 1.79		SU 1446 0.42	
				2247 2.67		● 2207 0.81		2112 2.45	
6 0029 2.27		12 0004 0.79		18 0529 0.51		24 0433 2.23		30 0342 0.67	
0703 0.86		0612 2.20		1055 1.93		1126 0.58		0911 1.88	
FR 1232 1.60		TH 1252 0.57		WE 1657 0.37		TU 1728 1.93		MO 1517 0.43	
1826 0.75		1858 2.07		2336 2.66		2322 0.79		● 2146 2.47	
								31 0420 0.67	
								0945 1.82	
								TU 1547 0.45	
								2221 2.46	



Jewfish *Argyrosomus japonicus*

STORY **PETER HANSLER**

Jewfish, or Mulloway as they are also known, are a local fish that tastes better the bigger they are, with smaller ones tasting 'soapie' which they are sometimes called. However with a 75cm minimum size limit in Queensland this isn't an issue.

While I have never really targeted them specifically, they have often turned up while chasing other species and are a very welcome catch as they are 4/5 stars eating quality for me. Taking large live baits and lures, some fisherman spend many hours hunting these fish from surf beaches, around wharves, local reefs and around river mouths especially after rain events. Growing to at least two meters long and over 40kg they can certainly test your fishing tackle to the limit.

Sometimes in the surf they are caught on beach worms and some people believe that these fish can pull beachworms from the sand like a fisherman does, but only just using their mouth. I find that hard enough using my hands!

Recently some nice legal Jewfish have been caught from Woody Point Jetty. A couple years ago I managed to film a school of 'Jewies' under Shorncliffe Jetty. See my Youtube page for the video.

https://www.youtube.com/channel/UC2SyhB5XN29zfXT_B2Kyb5A

The Aboriginal word Mulloway means "The Greatest One"

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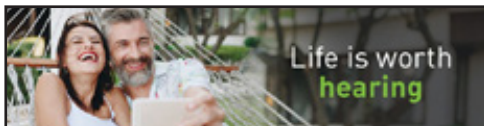
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